



Charlene Proeger,
Ph.D., CMC

Founder and President of Proeger & Associates, Inc.

Providing Aging Life Care™ services since 1993

Received PhD in Counseling from University of Florida

Certified as a Care Manager (CMC) through NACCM since 1997

Serving on Aging Life Care Association® (ALCA) Standards of Practice committee since 2008

Recipient of ALCA Adele Elkind award for 2014 and ALCA President's Award for 2002



HOLISTIC APPROACH

- Client centered approach to caring for older adults or others facing ongoing health challenges.
- Collaborate with families to solve problems and reduce stress for family caregivers
- Help families plan and make decisions to enhance quality care and an optimal life for a loved one.

OUR PHILOSOPHY

Using a team approach, we help persons who are dealing with the challenges of aging or disability continue to lead fulfilling lives.

FEES

Aging Life Care Professional® fees are paid privately by the family member requesting the service. This enables the Aging Life Care Professional to serve as an independent advocate for the client and their family.



www.proegerassociates.com



PROEGER
& ASSOCIATES, Inc.

AGING LIFE CARE
PROFESSIONALS™

Proeger & Associates, Inc. is a professional Aging Life Care™ company specializing in expertly guiding families through the process of caring for older adults and individuals with disabilities.

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www.proegerassociates.com

Serving Manatee & Sarasota Counties since 1993



Barbara Levison,
MSW, M.A., CMC

Providing Aging Life Care™ services with Proeger & Associates since 1997

Received MSW from University of Maryland School of Social Work and Master of Arts in Jewish Studies from Baltimore Hebrew University

Certified as a Care Manager (CMC) through NACCM since 2007

Serving as a Director on the Board of Directors for the Aging Life Care Association® since 2024

2022 National Co-Chair of the annual Aging Life Care Association® Conference

President of the Aging Life Care Association® Florida Chapter 2019-2021

Received Outstanding Chapter Member Award in 2014 for service to the Aging Life Care Association®



Kendra Barber,
MSN, RN, CMC

Providing Aging Life Care™ services with Proeger & Associates since 2021

Received Master of Science in Nursing from Indiana University School of Nursing

Certified as a Care Manager (CMC) through NACCM since 2024

Former Associate Professor of Nursing with 20 years educating RN students in Sarasota/Manatee counties and nationally online

Member of the Aging Life Care Association® and ALCA Florida Chapter West Coast Unit

Locally involved with the Suncoast Aging Network



Mindy Zelitt,
M.A., CMC

Providing Aging Life Care™ services with Proeger & Associates since 2004

Received Master of Arts in Rehabilitation Counseling from University of South Florida

Certified as a Care Manager (CMC) through NACCM since 2007

2020 Chair for the annual Aging Life Care Association® Florida Chapter Conference

Serving as the Aging Life Care Association® Florida West Coast Unit Leader since 2019

Locally involved with the Suncoast Aging Network

