



WHAT WE OFFER

- Assessment
- Arrange and coordinate in-home services
- Attend doctor appointments
- Expert guidance for family members
- Advocacy
- Supportive Counseling
- Crisis intervention

www.proegerassociates.com

CHARLENE PROEGER, PhD. CMC

AGING **(i)fe CARE**™

A S S O C I A T I O N

MEMBER

Fellow of the Leadership Academy

- Founder and President of Proeger & Associates Inc. Care Management
- Recipient of the prestigious ALCA Adele Elkind award for contributions to the field
- Licensed as a Marriage and Family Therapist since 1982
- Clinical Member of the American Association of Marriage and Family Therapy



OUR PHILOSOPHY

Using a team approach, we help persons who are dealing with the challenges of aging or disability continue to lead fulfilling lives.



Proeger & Associates, Inc. is a professional Aging Life Care™ company specializing in expertly guiding families through the process of caring for older adults and individuals with disabilities.

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www.proegerassociates.com

Serving Manatee & Sarasota Counties since 1993

SERVICES



- Assessment to identify strengths and needs
- Planning & problem-solving
- Facilitate communication and coordination between doctors, clients & family
- Assist with proactive plan to limit unnecessary hospitalizations as care needs change
- Referral to Elder Law attorneys and other professionals



OUR TEAM



Charlene Proeger,
Ph.D., CMC



Barbara Levison,
MSW, M.A., CMC



Mindy Zelitt,
M.A., CMC



Lorraine Livingston,
RN, BSN, MN

Our Proeger & Associates, Inc., team of Aging Life Care Professionals™ are experts in aging well

HOLISTIC APPROACH

- Client centered approach to caring for older adults or others facing ongoing health challenges.
- Collaborate with families to solve problems and reduce stress for family caregivers
- Help families plan the actions and make decisions to enhance quality care and an optimal life for those they love.

FEES

Aging Life Care Professional fees are paid privately by the family member requesting the service. This enables the Aging Life Care Professional to serve as an independent advocate for the client and their family.

AGING LIFE CARE™ is a trademark of the Aging Life Care Association. Only ALCA Members are authorized to use this term to identify their services.

AGING LIFE CARE PROFESSIONAL™ is a trademark of Aging Life Care Association. It is an indication of membership in ALCA, and only ALCA Members are authorized to use this term.