



FOR IMMEDIATE RELEASE

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## **SARASOTA CARE MANAGER ELECTED TO BOARD OF THE NATIONAL ASSOCIATION OF PROFESSIONAL GERIATRIC CARE MANAGERS**

**Tucson, AZ**– Charlene Proeger, Ph.D., CMC, LMFT, of Proeger & Associates, Inc. in Sarasota, Florida was elected to the board of directors of the National Association of Professional Geriatric Care Managers (GCM) for a third term beginning in January 2006.

Dr. Proeger chaired the GCM President's Council in 1999, the GCM 2000 Conference Committee, the GCM Membership Committee in 2002, and currently chairs the Chapter Development Committee.

Dr. Proeger has been actively involved in the GCM Florida Chapter since 1996, first as chairperson of the West Coast Local Unit, as a chapter board member, then as President of the Florida Chapter. She is currently serving as the consultant to the Florida Chapter board and coordinates training for chapter leadership.

Dr. Proeger has been in the field of geriatric care management since 1993, preceded by several years in private practice as a marriage and family therapist. Dr. Proeger received her Ph.D. in Counselor Education from the University of Florida, and has served as Adjunct Instructor for the University of South Florida. She maintains her license as a Marriage and Family Therapist and is certified as a Care Manager (CMC).

Dr. Proeger is actively involved with community groups including the Alzheimer's Association Leadership Council for Sarasota/Manatee; Florida Health Care Social Workers Association; and the Caregiving Forum, which provides training for family caregivers. She is also a clinical member of the American Association of Marriage and Family Therapy, a member of the Florida Council on Aging, and the Florida Guardianship Association.

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*National Association of Professional Geriatric Care Managers*

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GCM Board Member/2

**About the National Association of Professional Geriatric Care Managers (GCM)**

GCM was formed in 1984 to advance dignified care for older adults and their families in the United States. The association currently boasts a membership of over 2,000 care managers.

Geriatric care managers are professionals who have extensive training and experience working with older people and families who need assistance with care giving issues. GCMs help families cope with the growing challenges of aging, and assist families in the search for a suitable nursing home placement or extended care if the need occurs. The practice of geriatric care management and the role of care providers have captured a national spotlight, as generations of Baby Boomers age in the United States and abroad. For more information please visit [www.caremanager.org](http://www.caremanager.org) or call 520.881.8008.

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